

September

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios	Frosted Mini Wheats	Chex Cereal	Rice Krispies	Life Cereal
Breakfast served with Milk and Juice DAILY					
AM Snack	Banana Milk	Cinnamon Toast Milk	Bagel & Crm Cheese Water	Waffles Milk	Ginger bread & Applesauce Water
1	Fish Sticks Broccoli Peaches Milk	Tacos Green Beans Pears Milk	Spaghettios California Blend Mandarin Oranges Milk	Café Rio Chicken Salad Mixed Fruit Milk	Hot Ham and Cheese Carrots Grapes Milk
PM Snack	Pretzels Juice	Rice Krispie Stix Juice	Graham Crackers Juice	Cheese & Crackers Water	Vanilla Wafers Juice
AM Snack		Biscuits & Applebutter Water	Apples & Oranges Milk	French Toast Stix & Applesauce & Water	Soft Pretzel Stix Milk
2	NO SCHOOL	Chicken Nuggets Mashed Potatoes Peaches Milk	Mac and Cheese Broccoli Pears Milk	Chicken Quesadilla Green Beans Mandarin Oranges Milk	Flatbread Pizza California Blend Mixed Fruit Milk
PM Snack		Banana Bars Water	Goldfish Juice	Rice Cake Juice	Chips & Salsa Water
AM Snack	Banana Milk	Cinnamon Toast Milk	Bagel & Crm Cheese Water	Waffles Milk	Ginger bread & Applesauce Water
3	Grilled Cheese Carrots Grapes Milk	Tater Tot Casserole Peas Applesauce Milk	BBQ Broccoli Peaches Milk	Chicken & Noodles Salad Pears Milk	Ham Cheese Wrap Green Beans Mandarin Oranges Milk
PM Snack	Pretzels Juice	Rice Krispie Stix Juice	Graham Crackers Juice	Cheese & Crackers Water	Vanilla Wafers Juice
AM Snack	Yogurt & Cheerios Water	Biscuits & Applebutter Water	Apples & Oranges Milk	French Toast Stix & Applesauce & Water	Soft Pretzel Stix Milk
4	Chicken and Rice California Blend Grapes Milk	Breakfast Sandwich Carrots Applesauce Milk	Flatbread Pizza Peas Pears Milk	Chicken Parmesan Salad Peaches Milk	Sub Sandwich Salad Mandarin Oranges Milk
PM Snack	Animal Crackers Juice	Banana Bars Water	Goldfish Juice	Rice Cake Juice	Chips & Salsa Water

AM Snack	Banana Milk	Cinnamon Toast Milk	Bagel & Crm Cheese Water	Waffles Milk	Ginger bread & Applesauce Water
5	Creamy Noodles Broccoli Mixed Fruit Milk	Fish Sticks Green Beans Grapes Milk	Flatbread Pizza California Blend Applesauce Milk	Chicken Casserole Mashed Potatoes Peaches Milk	Grilled Cheese Carrots Pears Milk
PM Snack	Pretzels Juice	Rice Krispie Stix Juice	Graham Crackers Juice	Cheese & Crackers Water	Vanilla Wafers Juice

October

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios	Frosted Mini Wheats	Chex Cereal	Rice Krispies	Life Cereal

Breakfast served with Milk and Juice DAILY

AM Snack	Yogurt & Cheerios Water	Biscuits & Applebutter Water	Apples & Oranges Milk	French Toast Stix & Applesauce & Water	Soft Pretzel Stix Milk
	Baked Ziti Peas Mandarin Oranges Milk	Soft Chicken Taco Broccoli Mixed Fruit Milk	Pepperoni Flatbread Pizza Green Beans Grapes Milk	Café Rio Chicken California Blend Applesauce Milk	Hot Ham & Cheese Salad Peaches Milk
PM Snack	Animal Crackers Juice	Banana Bars Water	Goldfish Juice	Rice Cake Juice	Chips & Salsa Water

AM Snack	Banana Milk	Cinnamon Toast Milk	Bagel & Crm Cheese Water	Waffles Milk	Ginger bread & Applesauce Water
	Tuna Noodle Casserole Carrots Pears Milk	Chicken Nuggets Mashed Potatoes Mandarin Oranges Milk	Breakfast Sandwich Peas Mixed Fruit Milk	Broccoli Grapes Milk	Turkey Wrap Green Beans Applesauce Milk
PM Snack	Pretzels Juice	Rice Krispie Stix Juice	Graham Crackers Juice	Cheese & Crackers Water	Vanilla Wafers Juice

AM Snack	Yogurt & Cheerios Water	Biscuits & Applebutter Water	Apples & Oranges Milk	French Toast Stix & Applesauce & Water	Soft Pretzel Stix Milk
	Teriyaki Chicken & Rice California Blend Pineapples Milk	Tacos Carrots Peaches Milk	Sausage Flatbread Pizza Peas Pears Milk	Chicken Tetrazzini Salad Mandarin Oranges Milk	Ham Lunchable Broccoli Mixed Fruit Milk
PM Snack	Animal Crackers	Banana Bars	Goldfish	Rice Cake	Chips & Salsa

	Juice	Water	Juice	Juice	Water
AM Snack	Banana Milk	Cinnamon Toast Milk	Bagel & Crm Cheese Water	Waffles Milk	Ginger bread & Applesauce Water
Lunch	Bowtie Lasagna Green Beans Grapes Milk	Chicken Quesadilla California Blend Applesauce Milk	BBQ Sandwich Carrots Peaches Milk	Chicken Parmesan Salad Pears Milk	Sub Sandwich Peas Mandarin Oranges Milk
PM Snack	Pretzels Juice	Rice Krispie Stix Juice	Graham Crackers Juice	Cheese & Crackers Water	Vanilla Wafers Juice

Extra prep for Toddler Menu: MEAT, CHEESE: slice into 1/2 inch cubes PASTA, PIZZA, SANDWICH: chop into 1/2 inch pieces.